



 Please call 911 if you think you have a medical emergency.

Corns and Calluses Treatment

Self-Care at Home

- Place protective covering or bandages over the sore to decrease friction on the skin until the sore heals.
- Apply moisturizing agents such as lotions to dry calluses and corns.
- Rub sandpaper disks or pumice stone over hard thickened regions.
- Avoid stress to hands or feet by using gloves or changing shoes or socks.
- Soak feet or hands in warm soapy water to soften corns and calluses.

Medical Treatment

- Antibiotics for any infected corn or callus
- Removal by surgical means or with keratolytic agents (medicines that break up hardened areas of skin)
- Surgically removing areas of protruding bone where corns and calluses form
- Shaving or cutting off the hardened area on the skin

more information from eMedicineHealth

- [When to Seek Medical Care](#)
- [Exams and Tests](#)
- [Next Steps](#)
- [Prevention](#)
- [Outlook](#)

For more information, read the complete article, Corns and Calluses (<http://www.emedicinehealth.com/script/main/art.asp?articlekey=58923>) on <http://www.emedicinehealth.com>.

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