



 Please call 911 if you think you have a medical emergency.

## Finger Dislocation Treatment

### Self-Care at Home

It is not recommended that you treat a dislocated finger at home. A visit to your doctor or the emergency department is usually necessary.

- If you have a dislocated finger, the finger will swell. To prevent further injury to the finger, immediately remove any jewelry, such as rings.
- Apply an ice pack to your injured finger and elevate the hand above the level of your heart.

### Medical Treatment

The doctor will realign the dislocated bones with a simple technique. This will often require a local anesthetic injection into the finger to help decrease or stop the pain and allow the doctor to reduce the dislocation and realign the bones. You may also receive medications by mouth, injection, or intravenously to help the pain and ease the reduction.

- Your injured finger will then be placed in a protective splint or be "buddy taped" to the healthy finger next to it.
- The doctor may get a second x-ray to confirm the realignment of your finger and to check for any broken bones that may not have shown up on the first x-ray.

## more information from eMedicineHealth

- [When to Seek Medical Care](#)
- [Exams and Tests](#)
- [Next Steps](#)
- [Prevention](#)
- [Outlook](#)

For more information, read the complete article, Finger Dislocation

(<http://www.emedicinehealth.com/script/main/art.asp?articlekey=59221>) on <http://www.emedicinehealth.com>.

WebMD Medical Reference from eMedicineHealth

Reviewed by Ann Edmundson, MD on May 24, 2006

Last updated: May 24, 2006

*This information is not intended to replace the advice of a doctor.*

© 2006 WebMD Inc. All rights reserved.