



Please call 911 if you think you have a medical emergency.

## S e i z u r e s   E m e r g e n c i e s   T r e a t m e n t

### Self-Care at Home

Home care is appropriate when a person is known to have seizures, if the seizure is brief, and if the person recovers uneventfully.

- Prevent injuries.
  - Cushion the head.
  - Loosen any tight neckwear.
  - Turn the person on his or her side after the convulsion ceases. This may help drain any moisture or secretions from the person's mouth.
  - Do not attempt to hold down or restrain the person.
  - Do not place anything in the person's mouth or try to pry the teeth apart.
  - Observe these items: length of seizure, type of movements, direction of any head or eye turning, amount of time to return to alertness and full consciousness.

## more information from eMedicineHealth

- [When to Seek Medical Care](#)
- [Exams and Tests](#)
- [Next Steps](#)
- [Prevention](#)
- [Outlook](#)

For more information, read the complete article, Seizures Emergencies (<http://www.emedicinehealth.com/script/main/art.asp?articlekey=59413>) on <http://www.emedicinehealth.com>.

WebMD Medical Reference from eMedicineHealth

Reviewed by Charlotte Grayson, MD on May 24, 2006

Last updated: May 24, 2006

*This information is not intended to replace the advice of a doctor.*

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