**Threatened Miscarriage Treatment**

If a miscarriage is inevitable and the health care provider does not think you have a living pregnancy, an obstetrician will be consulted as well. The obstetrician may recommend the cervix be dilated and the contents of the womb be extracted (dilation and curettage), or the obstetrician may recommend that the woman be monitored as the body expels the pregnancy on its own.

The woman may be sent home with special instructions in the following circumstances:

- The cervical os is closed.
- Bleeding is not heavy.
- Lab study results are normal.
- Ultrasound reveals the pregnancy is not tubal.

**Self-Care at Home**

If a woman is not sure if she is pregnant, a home pregnancy test will confirm or exclude pregnancy in most cases. If a woman knows she is pregnant and experiences cramps or vaginal bleeding, she should call her health care provider at once and follow the health care provider's instructions.

**more information from eMedicineHealth**

- [When to Seek Medical Care](http://www.emedicinehealth.com/script/main/art.asp?articlekey=59303)
- [Next Steps](http://www.emedicinehealth.com/script/main/art.asp?articlekey=59303)
- [Prevention](http://www.emedicinehealth.com/script/main/art.asp?articlekey=59303)
- [Outlook](http://www.emedicinehealth.com/script/main/art.asp?articlekey=59303)


WebMD Medical Reference from eMedicineHealth

Reviewed by Cynthia Haines, MD on May 24, 2006

Last updated: May 24, 2006

*This information is not intended to replace the advice of a doctor.*

© 2006 WebMD Inc. All rights reserved.