



 Please call 911 if you think you have a medical emergency.

Vaginal Bleeding Treatment

Self-Care at Home

- Make sure that your bleeding is coming from the vagina and is not from your rectum or in the urine. You can insert a tampon into your vagina to confirm that the source of your bleeding is coming from the area of your vagina, cervix, and uterus.
- If your bleeding is heavy, rest in bed.
- Keep track of the number of pads or tampons you use so that you and your health care provider can determine the amount of your bleeding.
- Avoid taking aspirin because it may prolong bleeding.

Medical Treatment

For hormonal irregularities, effective treatments for dysfunctional uterine bleeding usually involve the use of prescription hormones such as birth control pills to help in the coordination of your menstrual cycle. A specialist such as a gynecologist usually starts this type of treatment. Your doctor should check for another cause of bleeding if you do not respond to hormonal treatment.

more information from eMedicineHealth

- [When to Seek Medical Care](#)
- [Exams and Tests](#)
- [Next Steps](#)
- [Outlook](#)

For more information, read the complete article, Vaginal Bleeding (<http://www.emedicinehealth.com/script/main/art.asp?articlekey=58758>) on <http://www.emedicinehealth.com>.

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