Spider Bite Treatment

If a black widow spider bite, or brown recluse spider bite is suspected, you should see your doctor or go to an emergency department immediately.

- Wash the bite with soap and water and remove all jewelry. Swelling can occur and will make it difficult to remove some jewelry.
- Apply cool compresses.
- Take diphenhydramine (Benadryl) 25- to 50-mg tablets every six hours for the itch.
- Take acetaminophen (Tylenol), one to two tablets every four hours, for pain. Avoid aspirin, ibuprofen (Motrin, Advil), and naproxen (Aleve). The pain resulting from a black widow spider bite is usually so severe that it will require strong pain medications such as opioids.
- Antibiotics are not helpful.
- Do not cut into the wound or apply suction.
- See a doctor as soon as possible.

For more information, read the complete article, Wilderness: Sinus Squeeze on http://www.emedicinehealth.com.

WebMD Medical Reference from eMedicineHealth
Reviewed by Melissa Conrad Stöppler, MD on March 28, 2007
Last updated: March 28, 2007
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