



 Please call 911 if you think you have a medical emergency.

## B u r n s   T r e a t m e n t

Treat burns in the following ways:

- Cool the burned area with moist, clean, cool cloths.
- Rinse with tap water, and clean with soap and water.
- Apply a layer of Silvadene cream (silver sulfadiazine) morning and evening. (Do not use Silvadene near the eyes.) Cover with gauze dressings. Clean off all Silvadene cream with soap and water with each dressing change.
- Blisters may rupture. Remove the dead skin with sterile scissors and tweezers.
- Flush chemical burns with water until all burning pain has stopped. Remove all contaminated clothes.
- Oral antibiotics are usually recommended to prevent infection. If infection develops, continue antibiotics for at least 5 days after all signs of infection have gone away. Let the doctor know about any drug allergies so the right antibiotic can be prescribed. Some oral antibiotics can cause sensitivity to the sun , so use a sunscreen (at least SPF 15).
- Pain may be relieved with 1-2 acetaminophen (Tylenol) every 4 hours or 1-2 ibuprofen (Advil, Motrin) every 6-8 hours.

### more information from eMedicineHealth

- [When to Seek Medical Care](#)

For more information, read the complete article, Wilderness: Burns

(<http://www.emedicinehealth.com/script/main/art.asp?articlekey=58964>) on <http://www.emedicinehealth.com>.

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*This information is not intended to replace the advice of a doctor.*

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