Congestive Heart Failure Treatment

- One hundred percent oxygen should be given immediately.
- If nitroglycerin is available, give 1 tablet every 5 minutes under the tongue for a maximum of 3 tablets. Hold the nitroglycerin if the person experiencing congestive heart failure becomes light-headed or if the person’s pulse weakens.
- If the person takes a water pill, give double the normal daily dose.
- In very severe cases in which emergency medical personnel are far away, rotating tourniquets in one extremity at a time for no more than 10 minutes can decrease the workload on the heart. Only people trained in prehospital care should attempt this treatment, and then only with extreme caution.

For more information, read the complete article, Wilderness: Congestive Heart Failure on http://www.emedicinehealth.com.

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