Please call 911 if you think you have a medical emergency.

Head Injury Treatment

The following treatment is suggested for head injuries:

- Immobilize the head and the neck. Place soft packing (for example, clothing or towels) on each side of the head to prevent side-to-side motion.
- If the injured person needs to vomit, roll the head, neck, and body together as one unit, and place the person on his or her side.
- If possible, remove any broken teeth and blood clots from an injured person's mouth to prevent aspiration (breathing in of these items and possible choking).
- Control bleeding with direct pressure. Be as gentle as possible because scalp lacerations (cuts) may indicate a skull fracture underneath.
- Leave impaled objects in place with bleeding controlled.
- Wrap any lost tissue (for example, ears, nose, or skin) or teeth in moist gauze and keep cool for possible reattachment.
- Wash off any loose or knocked-out teeth; carefully (do not scrub) with water. Reimplant teeth into their sockets in otherwise healthy people. Do not attempt to reimplant teeth in an injured person who requires further medical assistance.
- Monitor the injured person for onset of new symptoms.
- Avoid stopping the flow of blood or clear fluid from the ear or the nose.
- Perform cardiopulmonary resuscitation (CPR) if required.

more information from eMedicineHealth

- When to Seek Medical Care


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