Sea Urchin Puncture Treatment

- Immerse the affected area for 30-90 minutes in water as hot as the injured person can tolerate. Repeat as necessary to control pain.
- Use tweezers to remove any spines in the wound.
- Apply shaving cream and gently scrap with the affected area with a razor to remove pedicellaria (Jellyfish Stings).
- Another method is to apply melted wax to the injury (use caution), allow the wax to set, and then peel it off to remove the tiny spines.
- Scrub the wound with soap and water followed by extensive flushing with fresh water.
- Do not close the wound with tape.
- If signs of infection, such as pus, redness, or heat occur, apply topical antibiotic ointment.
- Oral antibiotics are usually recommended for infection. If an infection develops, continue antibiotics for at least 5 days after all signs of infection have cleared. Check for drug allergy prior to starting any antibiotic. A doctor can recommend the right antibiotic. Some antibiotics can cause an increased sensitivity to the sun, so use a sunscreen (at least SPF 15).
- Relieve pain with 1-2 tablets of acetaminophen (Tylenol) pain relievers every 4 hours and/or 1-2 ibuprofen (Advil, Motrin) every 6-8 hours.
- CPR may be required.

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- When to Seek Medical Care


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