Please call 911 if you think you have a medical emergency.

Chalazion Treatment

Self-Care at Home

- Warm compresses may be helpful. Hold a warm, wet towel on the eyelid for 10-15 minutes, 2-4 times a day, to reduce swelling.
- Lightly massage the area several times a day.
- Do not "pop" or scratch the chalazion.

Medical Treatment

Treatment of the chalazion may include the following:

- Application of warm compresses for about 15 minutes, 2-4 times a day, to reduce swelling
- A prescription for antibiotic eyedrops or ointments if a bacterial infection is suspected to be the cause
- Injection of a steroid medicine to help decrease the inflammation
- Surgical removal of the lump if it creates symptoms or lasts for weeks

more information from eMedicineHealth

- When to Seek Medical Care
- Exams and Tests
- Next Steps
- Outlook


WebMD Medical Reference from eMedicineHealth
Reviewed by Ann Edmundson, MD on May 24, 2006
Last updated: May 24, 2006
This information is not intended to replace the advice of a doctor.
© 2006 WebMD Inc. All rights reserved.