Subconjunctival Hemorrhage (Bleeding in Eye) Treatment

Self-Care at Home

Usually, no treatment is needed. Over-the-counter artificial tears can be applied to the eye if mild irritation is present. The use of aspirin or ibuprofen should be avoided.

Medical Treatment

Usually, no treatment is required. Your ophthalmologist may prescribe artificial tears to ease the irritation. If the injury is trauma related, your ophthalmologist may need to examine your eye to rule out the possibility of damage to other parts of the eye.

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- When to Seek Medical Care
- Exams and Tests
- Next Steps
- Outlook


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