Toxic Shock Syndrome Treatment

Self-Care at Home

People with suspected toxic shock syndrome should be immediately taken to the hospital's emergency department. Women who are menstruating and using tampons should remove the tampon prior to going to the hospital.

Medical Treatment

People with toxic shock syndrome are admitted to the hospital's intensive care unit for treatment.

- The doctor tries to eliminate the source of infection with the following steps:
  - Remove the tampon or nasal packing
  - Search for any other possible source of infection
  - Start IV antibiotics
- The doctor helps support the functions of the body until the organs recover with the following steps:
  - Provide IV fluids and medications to raise the blood pressure
  - Correct electrolytes
  - Monitor kidney and liver functions
  - Provide oxygen if needed for breathing difficulty (Some people with severe lung failure need to have a tube inserted into their windpipe and be placed on a ventilator.)