Transient Ischemic Attack Treatment

Self-Care at Home

There is no home care for a transient ischemic attack. If any of the symptoms occur, you should call 911 for emergency medical services.

Medical Treatment

Treatment of TIA is aimed at preventing a future stroke.

- Minimizing risk factors is a priority, including optimizing blood pressure, cholesterol, and controlling diabetes.

- Aspirin is the drug of choice to prevent future TIAs or stroke. Aspirin makes platelets less sticky and prevents clot formation.

- If the TIA occurs when the patient is already taking aspirin, then alternative anti-platelet drugs like clopidogrel bisulfate (Plavix) or aspirin–dipyridamole ER (Aggrenox) may be indicated.

- If the carotid ultrasound shows major narrowing of the artery (stenosis), referral to a vascular surgeon may be necessary to unclog the artery with a carotid endarterectomy.
more information from eMedicineHealth

- When to Seek Medical Care
- Exams and Tests
- Next Steps
- Prevention
- Outlook


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